



# Heartstrings

The Official Newsletter of Heart Havens

Spring 2019

## Prom Night Fun



**A Night to Shine 2019** was for the Stuarts Draft and Richmond area residents was a chance to dress up in formal attire, spend the evening with friends and members of the community, ride in a limosine and dance the night away.

## Life in the Community





## Board of Directors

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## Administration

**Jennifer Boyden, MA, QDDP**  
Chief Executive Officer  
Jennifer.Boyden@hearthavens.org

**Rebecca Huff**  
Senior Director of Operations

**Sara Becker**  
Development & Events Coordinator  
Sara.Becker@hearthavens.org

**Amie Brittain, QDDP**  
Quality Improvement & Program  
Development Specialist  
Amie.Brittain@hearthavens.org

**Jill Gayle**  
Controller  
Jill.Gayle@hearthavens.org

**Alice Hickman**  
Human Resources Director  
Alice.Hickman@hearthavens.org

**Shannon Ridley**  
Program Director  
Shannon.Ridley@hearthavens.org

# From our CEO:

**Dear Friend of Heart Havens,**

As we start 2019, Heart Havens is well positioned and continues to build upon its great legacy, working alongside our board members, dedicated staff and supporters, and pursuing our major goals. As the direction of the external environment we operate within has undergone many changes and some transformation over the past several years, we remain abreast of these changes and devoted to ensuring that residents in our houses continue to get the services and support they deserve.

Last year was filled with establishing systems and plans. As we approach spring 2019, it is a time of new beginnings. We are both proud of our strong foundation and excited about the many new opportunities we now have to build upon it. Our first project is a new group home in Chester and it is well into the planning stages with a closing date on March 26, 2019. Churches and civic groups are willing to support some of the renovations and start up needs with the aim of bringing the house into service in Summer 2019.

As we transform and grow, one thing that hasn't changed is our commitment to empowering people with a developmental disability to live and thrive in their communities. Our mission remains our guiding principle. It is a commitment we believe will help ensure the people we support have the opportunity to live a vibrant life. Thank you again for your support of Heart Havens, and please contact us if you have any questions or need additional information.

Warm regards

Jennifer Boyden, MA, QDDP  
Chief Executive Officer



**Jennifer with Heart Havens resident Charles**



# Exciting News!

**We are happy to announce** Heart Havens is in the process of opening up a new 4 bedroom group home in the Chester, Virginia area. The home will go under some renovations, and then we hope to pursue getting it licensed. It is in a quaint neighborhood, close to a variety of stores and exciting community venues. The home has a large carport area, an unattached garage and a big back yard. It has 4 bedrooms and 2 of the bedrooms are wheelchair accessible with their own accessible bathroom. The home is one level with a nice sized kitchen and an accessible ramp in the back. We are excited to be able to grow and offer a wheelchair accessible residential home for those individuals in need in that area.



Heart Havens home in Chester, Virginia

# Valentine's Date

**Valentine's Day** is a time to express friendship and love to those special to us. This day is just as important to people at Heart Havens homes. Valentine's Day was celebrated with special dinners, time with friends, and delicious desserts. This year, Chris decided to ask a friend of his out on a date. He bought her flowers, dressed up, and together they had dinner at Olive Garden.



Chris ready for his Valentine's date

# Bowl-a-Thon

**The Annual Jim Green Memorial Bowl-A-Thon**, organized by the Winchester District United Methodist Men, raised money for Heart Havens and collected paper supplies for the Saratoga House in Winchester. Nearly 80 people came together to support Heart Havens at the bowl-a-thon.



Charles, Danny and Steve at the Jim Green Memorial Bowl-a-Thon

## Stay connected with us!

Join us on social media for year-round updates, photos, and videos of all the wonderful things the people we support are up to!



facebook.com/heart.havens



@HeartHavens



812 Moorefield Park Dr, Suite 301  
Richmond, VA 23236

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# Heart Havens Month

**February was Heart Havens month** in the Virginia Conference of the United Methodist Church. Thank you for all who celebrated Heart Havens by donating money, time and supplies or who organized special speakers and events to show your support. Your contributions are vital continue our mission to “empower adults with a developmental disability to live and thrive in their community.” Be an advocate for Heart Havens all year long! Contact us to be an advocate for Heart Havens in your church.

