



Heartstrings

The Official Newsletter of Heart Havens

Fall 2022

Post Oak Opening

Heart Havens opened a new home, Post Oak, in October.

Post Oak is the second home in Virginia Beach and close to the Macleigh-Holland home so there will be instant community between the homes. Post Oak features an open floorplan, ramps and accessible bathrooms. At the Open House, we joined with residents, family members, volunteers and community members to celebrate the new home. Thank you to all the donors, volunteers and friends of Heart Havens who have made this home opening possible. We are still accepting donations to cover the cost of renovations to fully prepare and furnish the home, just note "Post Oak" on your donation online or by check.





From our CEO:

Dear Friend of Heart Havens,

2022 has been a busy and successful year for Heart Havens. With new regulations, we have experienced several external inspections. The outcomes demonstrate Heart Havens' continued commitment to empowering people with a developmental disability to live vibrant lives. The audits also prove that we have strong systems to sustain our vision and constantly improve.

We are excited to be opening another home in Virginia Beach this fall 2022. This new home is more accessible and enables us to meet the needs of some of our current residents as they age and support 4 new individuals in the Virginia Beach area. If you would like to see the new home, please reach out to schedule a time for you (and your group) to visit.

With your support, we continue to deliver excellence and pursue our plans to be the premier provider and employer of choice. Thank you for continued support!

Warm regard

Jennifer Boyden, MA, QDDP
Chief Executive Officer



Thomas, Jennifer & Charles at Tate's 4th of July celebration with the Richmond area houses.

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Visitors Welcome

We love to welcome back friends and meet new ones. St. Johns Lutheran Church's youth group stopped by the Tate house in Ashland along with Bob Tate to visit and have a meal together with the residents.



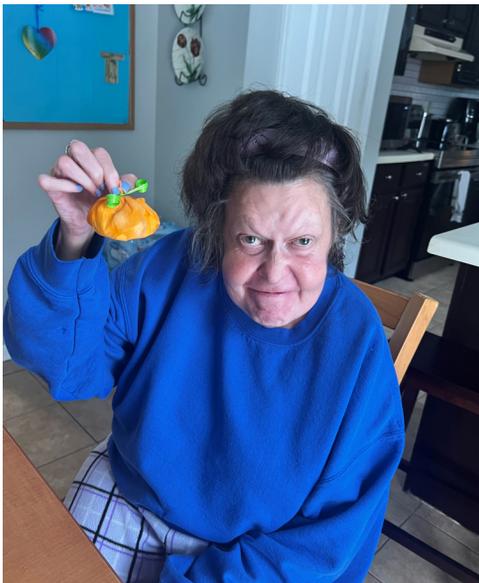
Canal Cruise



Keith, Collin and Christopher went on a Canal Cruise where they heard a historical narration all about the James River and Kanawha canal area in downtown Richmond. It was a beautiful day to explore their city!

Enjoying the Season

When the shorts and sunglasses of summer are traded for jackets and pumpkin spice drinks, Heart Havens residents fully embrace the autumn season. Residents love to do fall themed crafts, visit local pumpkin patches, and have some spooky fun at Kings Dominion.



Stay connected with us!

Join us on social media for year-round updates, photos, and videos of all the wonderful things the people we support are up to!



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Save the Date

Holiday Sponsors Needed



Together we give.

Nov 29, 2022

GIVING TUESDAY

Save the Date for Giving Tuesday.

Tuesday, November 29th is Giving Tuesday, an online day of giving to celebrate global generosity. Check our social media pages for more details.



Scan the QR code to sign up for our e-newsletter or text "heart2heart" to 804-207-8067 to donate to Heart Havens.



Christmas is coming soon!

Heart Havens takes pride in providing a joyful holiday for all our residents. There are people in our homes who would not otherwise receive gifts. Would you or your church or community group help us by sponsoring a Heart Havens home for Christmas? We are asking for \$100 to sponsor a resident and \$400 to sponsor the whole house.

Contact Sara at 804-463-1741 or sara.becker@hearthavens.org if you are interested.